

New Baby in the Family?



New babies are exciting, but car seats can be tough. Here are some tips to help keep baby safe on the road.

- Babies should stay rear-facing until they are at least **both** over 1 year old and over 20 pounds.
- The car seat should be at about a 45 degree angle.
- The car seat should not move more than 1 inch from side to side.
- The harness straps should be snug and the harness clip at armpit level.



Three out of four caregivers need a little help with car seats. See below for tips.

Install: the car seat should be installed with either a seat belt or the lower anchors. Not **both**.

Expire: car seats expire after about 6 years. Check the back or bottom of your car seat for the expiration date.

Crash: car seats are meant to be used in one crash only. After a crash, cut the harness straps and dispose of the car seat.

Help: get your car seat checked by a certified technician. Visit www.ctsafekids.org for a list of clinics or fitting stations.



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